



# THE AIKYA

MES ROTARACT CLUB MONTHLY  
E-NEWSLETTER

JULY 2021 • EDITION 1



## LITTLE ABOUT OUR MES ROTARACT CLUB...

Chartered in 2015, the MES Rotaract club continues to contribute significantly to society in creating awareness on topics like health; hygiene, poverty, education of the underprivileged, women empowerment, etc. Being an institution-based club, MES Rotaract Club consists of about 132 Rotaractors who work together and make a positive difference in the society around them.

Throughout the years, MES Rotaractors have conducted activities in mainly 4 different avenues namely- Community service, Professional development, Club Service and International Service

The MES Rotaract club strives to continue serving society and doing whatever they can to bring about transformation around them.

## WHAT'S INSIDE:

1. Message from Parent Rotary President
2. Message from Faculty Coordinator
3. Message from DRR
4. Message from ZRR's
5. Club Projects
6. Creative corner

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## MESSAGE FROM PARENT ROTARY PRESIDENT



### **RTN. SURESH NARAYAN**

*Rotary Bangalore North West*

Chartered and December 2015 the rotaract club of MES is on its 7th glorious year. The club is under the aegis of the rotary Bangalore North West. The club has been carefully nurtured by MES under the mentorship of Dr Veena Nagaraj. The club is vibrant and has done great service in creating awareness on topics like health and hygiene, poverty, education of underprivileged, women empowerment, ect., I remember the innovative way the club managed to fund the donation of Educational Tablet PC's to a school during the the shutdown period. Rotaract clubs develop compassion, teamwork and leadership qualities in the the members and develop them to serve the society and above all all be good human beings. Fellowship ,group activities develop a sense of of togetherness. I wish the club a purposeful year year ahead.

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## MESSAGE FROM FACULTY COORDINATOR &amp; MENTOR

**RTN. DR. VEENA NAGARAJ**

It gives me great pleasure to see the new batch of Rotaract members enthusiastically volunteering to serve the community. Aikya- their theme for the year is very apt as "where there is Unity, there is Victory".

Having seen the pandemic and its adverse impact on society in their youth age, the Rotaractors can look for opportunities to serve in different capacities. This exposure will make them understand that they are capable of giving back to society by their service. Ofcourse, they will have to be ready to invest their time, energy and interest and work with focus as a group. I am sure they will rise to the occasion and do their activities with absolute passion and dedication.

Wishing the entire Team lots of luck,

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## MESSAGE FROM DISTRICT ROTARACT REPRESENTATIVE



### **RTR. ANURAG PATWARY**

Greetings dear Rotaractors from Team Spectra!

It gives me immense pleasure to address the Members of one of most vibrant Rotaract Clubs of 3190.

MES Rotaract Club has broken its own records during the times of pandemic and created a new legacy.

Under the leadership of the newly elected President Rtr. Naren, I'm sure his ever-smiling attitude will radiate positivity amongst the Members and help the Club grow to even greater heights.

On behalf of the entire Team Spectra, we wish Rtr. Naren and his team all the very best for the year to come. We are looking forward to seeing the members Serve to Change Lives and become Change Makers by exploring the Prism of Possibilities through Rotaraction.,

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## MESSAGE FROM OUR ZRR'S

Greeting to Dear Spectar Leaders

“The beginning is always today.” -  
Mary Wollstonecraft Shelley

As mentioned in the above quote, we take great Pride in appreciating the effort take by Rotaract club of MES College Rtr.Narendren and Team to begin this initiative of Monthly Newsletter for the year 2021-22

It's is inspirational to witness the splended efforts put across by the team

For leaders who and finding ways how to promote innovation and creativity within an organization, the answer can be as simple as being sure to reinforce the great work that's already happening on your teams.

We wish All the best to the Entire Team for a wonderful year ahead



**RTR. RAMYA  
ASHWATHNARAYANA**

**RTR. ABHINAV HOOLI**



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# CLUB PROJECTS - JULY 2021

## PRABHAVA - THE INAUGURAL MEET



The very first official meeting of the Board of Directors with the Parent Rotary Members scheduled on the 1st of July, 2021.

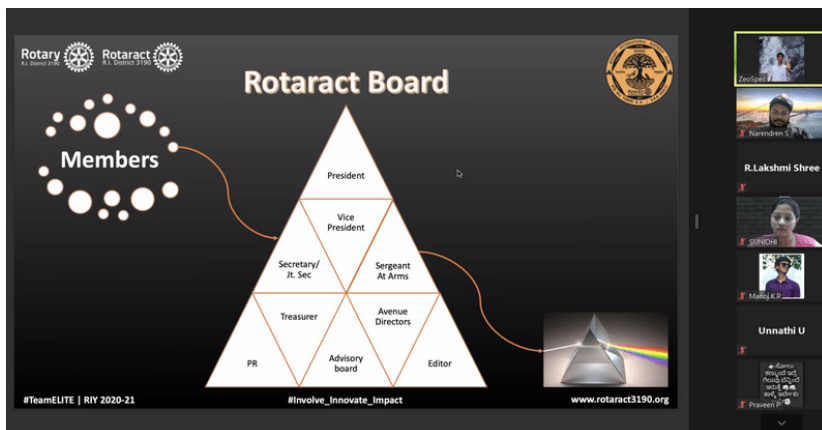
17 people attended the meeting including the BOD and Rtn. Suresh Narayan, the President, RBNW, Rtn. Anitha Pai, the Youth Service Director, RBNW and Rtn. Dr. Veena Nagaraj, Faculty Coordinator. A session filled with learning and experiences were shared to build a strong foundation.

The event started by conducting the 'Rotary Four Way Test' and went on to receive the address from the guests. Various focuses and plans were discussed in brief, experiences and advice were also communicated in an effective manner. The team learned about the objectives of Rotaract and the characteristics of how to be an efficient leader. .

The team was made ready to face challenges and were made committed to the goals by the motivational talk by all senior rotarians who discussed the real time problems a club might have to face in the near future. The importance of how to be the face of the club while battling a rough situation was highlighted. The team benefitted the knowledge and experience from the best. The inaugural meeting ran for about 2 hours and was concluded by expressing gratitude to all the attendees.

MES ROTARACT CLUB  
PRESENTS  
**" PRABHAVA "**  
**THE INAUGURAL MEET**  
Board of directors 2021-22  
Guests of honour:  
**Rtn Suresh Narayan**  
President ,RBNW  
**Rtn Anitha Pai**  
Youth Services Director,RBNW  
**Rtn Dr Veena Nagraj**  
Faculty Coordinator  
1st July, 2021 | Time: 6:30 PM  
Platform: Google meet

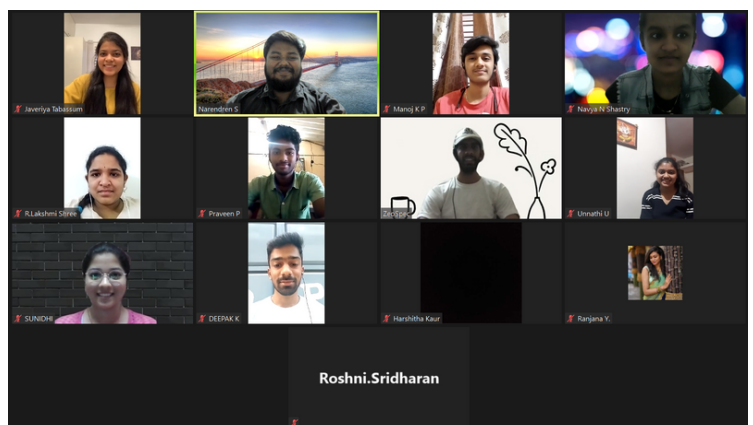
# NAVODAYA - Session 1



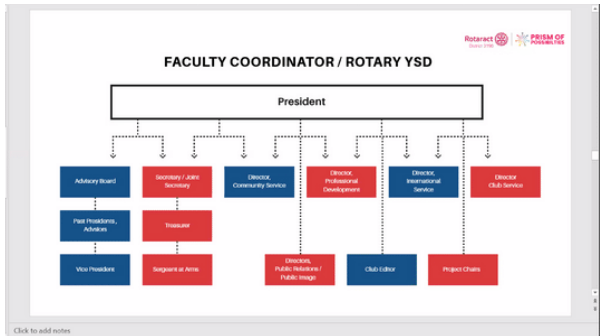
The training session was scheduled on the 3rd of July, the trainer of the session was Rtn. and Rtr. Arun Teja Godavarthi and all the Board Members for the year 2021-22 were present in the meeting.

The training session started off with an ice-breaker talk and the team was all set to learn the various things about Rotaract and the responsibilities they are going to be shouldered with. Every avenue of Rotaract was discussed in detail separately, the avenue directors interacted with the trainer and the doubts were cleared at the same time, what does each avenue hold, what is the depth of possibilities in the particular avenue, what are the various kind of activities one can be expected to be performing in each avenue were effectively highlighted. The team were given pointers on how to be pro-active throughout the year. The importance of members and their opinions and the significance of working as a unit at all times of the year were also well presented to the listeners. It highlighted how the behavior and orientation of the Board impacts the club and its activities.

Leadership and Learning being indispensable to one another, this session gave us the example to prove this point, where all leaders were trained for a better tomorrow. The session ran for about two hours, no second wasted and was entirely fruitful.



## ORIENTATION FOR CLUB MEMBERS



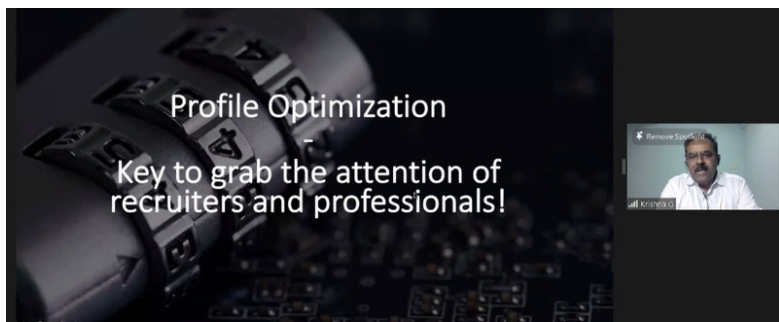
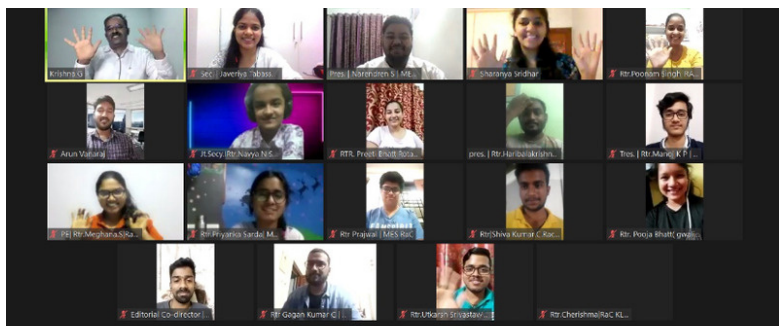
The attendees learned the structure of Rotaract, the history and the milestones that Rotaract has achieved over the years and the capabilities it is endowed with to continue the same over the years. It was a fun, interactive session, focused on explaining the hierarchy of the Rotary and Rotaract, how many clubs are working all around the world and an estimate of the impact that Rotaract creates. The speaker also addressed the various avenues of Rotaract and the diverse possibilities that each avenue holds, the main focus areas of the avenues were given light too. The effective way of planning any event to ensure its success was also highlighted in the session.

The greatness of how Rotary and Rotaract have joined hands to eradicate polio was presented to sprout pride in the minds and hearts of all Rotaractors. The session also highlighted the importance of members for the success of an organisation and how important it is to keep the members satisfied and attached to the club. A very insightful and beautiful orientation session, came to an end after a question and answer session where more concepts were made clear. To ensure success in every huge goal and task, it is always important that the people and their resources are kept orientated and this session did the needful for us, the session was concluded by a thank you note.



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## CAREER FOUNDATION LINKEDIN- UTILISATION AND OPTIMISATION

Our first event for the year performed under the professional development avenue, its primary focus was to encourage and promote the usage of LinkedIn in the youth and working professionals for better achievements.

Guest Speaker: Rtn. Krishna G.

“Career Foundation: LinkedIn Utilisation and Optimisation”, was our first event in the Professional Development Avenue, it was scheduled on the 16th of July, 2021. The speaker of the session was Rtn. Krishna G, he serves as a sales trainer and coach at Growthaspire. We were also accompanied by our faculty coordinator, ZRRs and Parent Rotary Members.

It was an interactive session right from the start, the participants were kept indulged through various questions regarding their career focuses, various polls etc.

The session emphasised the importance of LinkedIn for students and working professionals to get started in their careers in an impactful way.

The talk stressed on the importance of having a profile and moreover having an optimised profile, various techniques in which a profile can be optimised, how to reach out to recruiters, how to make the best remark, was excellently delivered to all the listeners.

The talk not only included the effective usage of the app but also focused on safe and smart methods of using the app.

A lot of life lessons too were learnt during the session and there was a very interesting question and answer session towards the end of the talk which solved more doubts and provided an even clearer picture. This event impacted a whopping 165+ number of people. We had participants from about 10 different districts all over the world and it was open for everyone. Strongly believing in how important the first image in this competitive professional world, this session was genuinely an eye-opener.

Participation and Collaboration E-Certificates were given to all Participants and Collaborating Clubs respectively.

The session ran for about 90 minutes and was concluded by delivering the Vote of Thanks.



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MES Rotaract Club volunteered a 'Free Health Camp' jointly, hosted by the Parent Rotary Club, Rotaract Bangalore North West, with coordination of about 12 rotarians and 15 volunteers from two different clubs, the camp offered service to about 70 people.



## FREE HEALTH CAMP

*Joint project with Parent Rotary, RBNW.*

The doctors run a general check-up to all the patients and the patients were free to discuss their issues with the doctor, effective medication was given free of cost.

There were general physician, pediatrician, gynecologists offering their services to all those who felt the need for the same. The camp commenced at around 9:00 AM and concluded at 3:00 PM on the 31st of July, ensuring safety and effective utilization of the initiative.

The volunteers were also fortunate to have received a message from the doctor about the upcoming variations in the pandemic and the various precautions that can prevent us from the adverse effects of the same.

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SECRETARY

One who is kind hearted and dedicated.

She also believes the service to society is above all.

An aspiring photographer who finds beauty in nature and an amazing editor.

Her love towards writing is never-ending.

We hope Rotaract elevates her capabilities and potential.

We truly believe that she will be an amazing leader.

## RTR. NARENDREN S

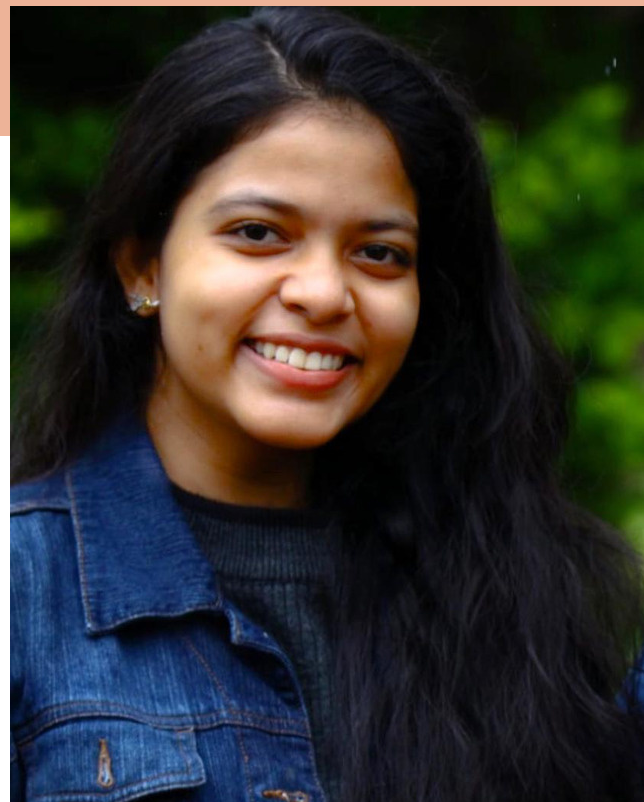
PRESIDENT

Forever enthusiastic and supportive, greets with a smile and pumps up enthusiasm to work for the good.

A person who finds peace in the mountains and pleasure in wandering into the calmness of nature has always stood first with creative ideas for creating great impacts in the society.

One who believes in every experience in life is a lesson for a better tomorrow, has endless urge to explore and learn new possibilities and new things in life. An optimistic thinker and supportive leader.

## RTR. JAVERIYA TABASSUM



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# BOARD OF DIRECTORS 2021-22



**RTR. SHARANYA SRIDHAR**  
**IPP AND CLUB ADVISOR**



**RTR. ROSHNI SRIDHARAN**  
**VICE-PRESIDENT**



**RTR. NAVYA N SHASTRY**  
**JOINT SECRETARY**



**RTR. MANOJ KP**  
**TREASURER**



**RTR. RANJANA Y**  
**SERGEANT AT ARMS**



**RTR. LAKSHMI SHREE**  
**CLUB SERVICE DIRECTOR**

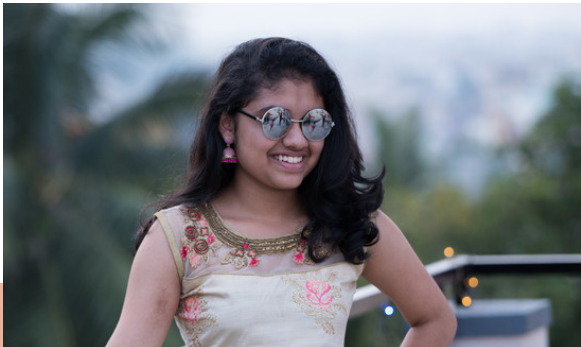
## BOARD OF DIRECTORS 2021-22



**RTR. PRAVEEN P**  
**COMMUNITY SERVICE DIRECTOR**



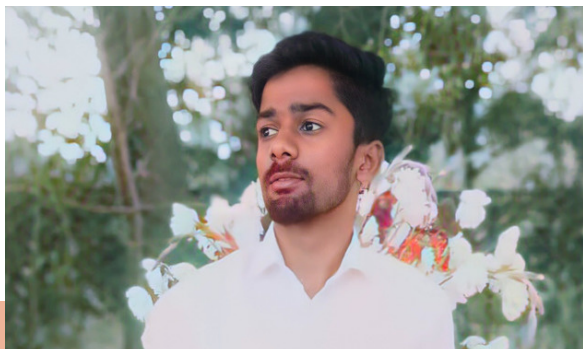
**RTR. SUNIDHI K**  
**INTERNATIONAL SERVICE DIRECTOR**



**RTR. UNNATHI U**  
**PROFESSIONAL DEVELOPMENT DIRECTOR**



**RTR. HARSHITHA KAUR**  
**PR AND EDITORIAL DIRECTOR**



**RTR. DEEPAK K**  
**PR AND EDITORIAL CO- DIRECTOR**



**RTR. ANANTVIKRAMADITYA**  
**TEACHNICAL HEAD**



By Roshni Sridharan  
2nd B.Com



Sitting by the fire,  
 With the upsurge of moments of life rushing in  
 my head just like the wood was turning to ash,  
 Thoughts of the past, thoughts of life spinning in  
 my head, flashing me through the moments bitter  
 and sweet,  
 Warmth of the fire which soothes the soul had lit  
 the spark of disquiet.  
 The flashing moments, spinning thoughts,  
 dizzying lights,  
 Made me realise; one burns for the other to  
 survive,  
 one regresses for the other to dominate.  
 The principle of life and death.  
 Balance.  
 Keep the balance!  
 The toughest times teach us the most important  
 lessons,  
 The saddest times teach us the value of happiness,  
 The moments you grieve for make you strong;  
 And the moments that keep you happy can  
 become your weakness,  
 Keep the balance,  
 Balance of good and bad,  
 Balance of rest and commotion,  
 Balance of pain and relief,  
 Balance of life and death.

- Javeriya Tabassum  
 1st B.Com