

# THE AKYA

MES ROTARACT CLUB MONTHLY E-NEWSLETTER  
February 2022 • Edition 8



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# Message from 01 Faculty Coordinator and Mentor



Rtn. Dr. Veena Nagaraj  
*MES Rotaract Club*

Dear Rotaractors,

The month of March begins with the celebration of International Women's day on the 8th. Throughout history, the central role of women in society has ensured the stability, progress and long-term development of nations. A woman is known for her natural ability to perform the role of a daughter, wife, mother, partner, organizer, administrator, disciplinarian, teacher, musician, artist and what not....Their dedication and commitment makes them emerge successfully in all their roles. Always respect women as its difficult to imagine their pains when they have reached their position.

My heartiest Congratulations to you for the enthusiastic participation in the pulse polio drive. It's a moment of great satisfaction to put those two drops to the toddlers and protect them against polio.

I wish you good luck in the ensuing examinations.

Yours in Rotary,

Dr.Veena Nagaraj

*#Unity\_in\_Service*

# Message from District Rotaract Representative

02



DRR Rtr. Anurag Patwary

*R.I. District - 3190*

Hello, Readers of The Aikya!

Warm Rotaract Greetings from Team Spectra!

It's always a delight to address Rotaractors of the Rotaract Club of MES College once again, to recognize and appreciate the work towards the Rotaract movement.

This month, we had the honour to finally visit your Club & its members during the DRR's Official Visit. We would thank you all for hosting us in such a grand manner, amazing efforts by the team for making a beautiful day. Irrespective of your final examinations going on, the members have been active and enthusiastically conducted impactful events like Paws for Cause and a collaborative initiative like Public Speaking Session. Not to mention the Polio Vaccination Drive on the occasion of National Immunization Day (NID) where your members vaccinated a whopping number of 230+ children, highly commendable work by the team! We also are looking forward to seeing you all in large numbers at the Annual Rotaract District Conference happening on the 23rd and 24th of April, please do register to witness the true power and essence of Rotaract.

On this note, we wish you the best for all the exam going students and looking forward to much more fabulous work by the Club. Let's explore the Prism of Possibilities as Change-Makers to Serve to Change Lives.

Yours in Rotaract,

Rtr. Anurag Patwary

District Rotaract Representative

Rotary International District 3190

Rotary Year 2021-2022

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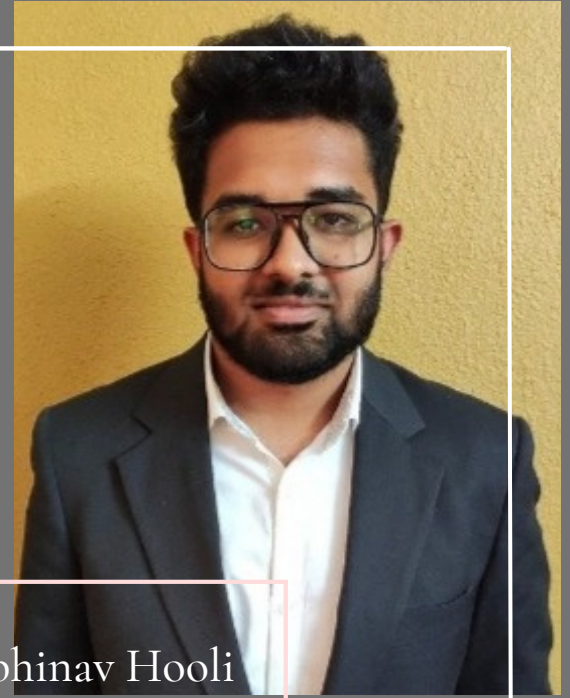


# Message from Zone Rotaract Representatives'

03



Rtr. Ramya Ashwathnarayana



Rtr. Abhinav Hooli

*Zone Violet*

Greetings Spectra Leaders!

We're elated to address Rotaract Club of MES College.

Their zeal to do amazing work and their performance represents the spirit of Rotaract in the most inspiring way!

From showing kindness to stray dogs and feeding them to conducting seminars that encourage people to inculcate public speaking skills, RaC MES has undertaken innovative and interesting projects that make us proud!

Zone Violet heartily congratulates the efforts of RaC MES for having jam-packed projects!

Regards,

ZRR Rtr Abhinav

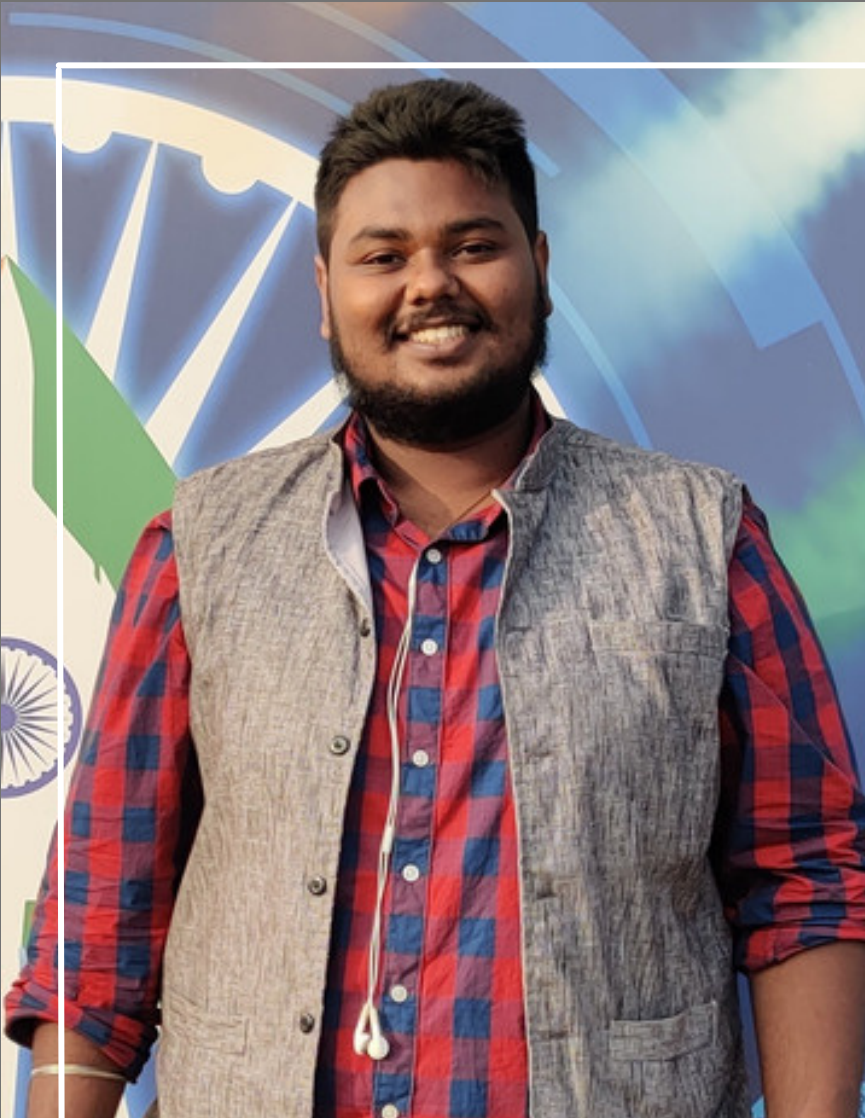
ZRR Rtr Ramya

Zone Violet - R.I Dist. 3190

*#Unity\_in\_Service*

# Message from President, MES RaC

04



Rtr. Narendren S

*MES Rotaract Club*

Hello Rotaractors,

It's always been a great pleasure to address all the Rotaractors, we have completed more than half year now and it's been really wonderful journey. We have been continuously working to make our society a better place to live in.

The most anticipated meet The DOV 2021-22 was just completed and it was a completely overwhelming response from all of you. I would like to dedicate all the success of the meet to my team from the Board of directors to all the volunteers who worked endlessly to make it a grand success.

I also want to acknowledge the National Immunization Day - Polio vaccination Drive which again was a very successful one with over 230+ children's vaccinated on that day.

Overall it has been a very productive month and now we have our exams nearing, let's all study well and ace it!

Regards,

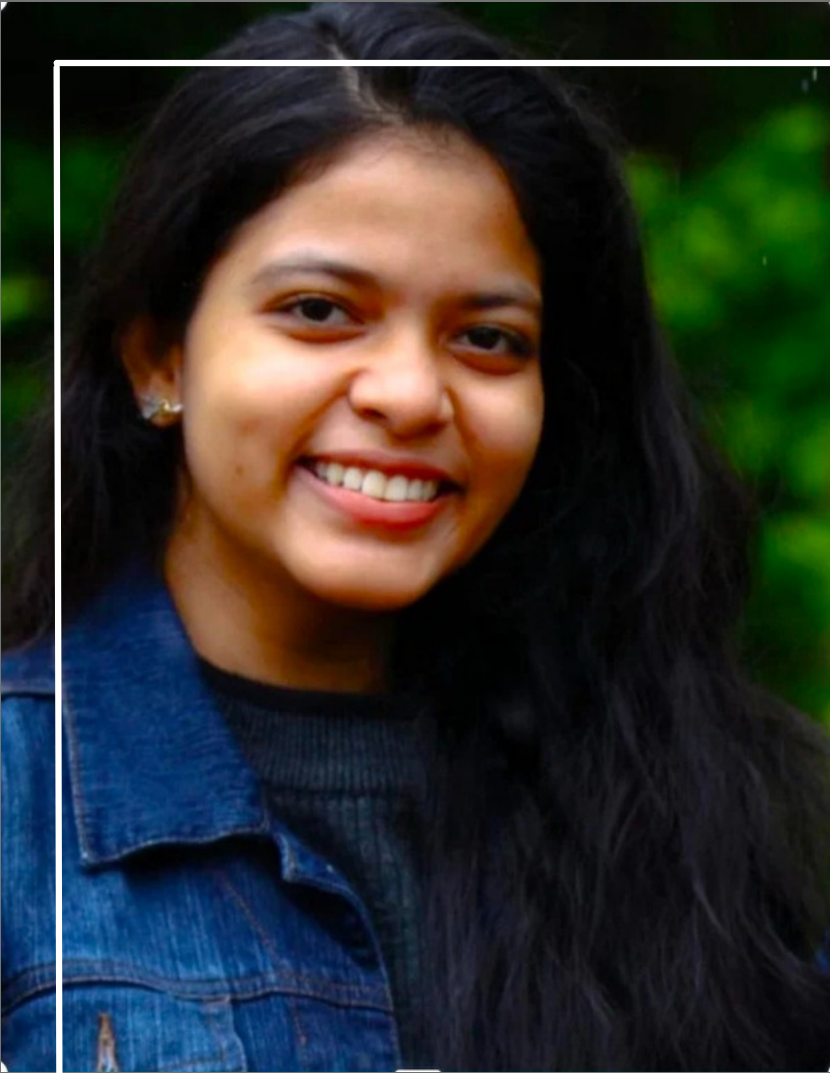
Rtr Narendren S

President | MES RaC

*#Unity\_in\_Service*

# Message from Secretary, MES RaC

05



Rtr. Javeriya Tabassum  
*MES Rotaract Club*

Warmest Greetings,

Another month of this Rota year has just passed and all it left us is with memories and an essence that will only motivate us to do better and better in the upcoming days.

This quarter or the previous two months have been a roller coaster ride, increasing ups and downs and tough situations, but we stood stronger together as a team and did battle these obstacles efficiently.

It gives me pleasure to look at the activities we have covered in all avenues and immense joy to look at our contributions towards the NID, a day that gave us, the young Rotaractors an opportunity to contribute towards a big task and we simply loved it.

The completion of the DOV 2021-22 was just a cherry on the cake as this too did not come easily but in the end all that it left us with is beautiful and cherish-able memories and great deal of learning and growth strategies.

I am really glad for the support we are getting in this journey right from the start and I wish and believe that this support stays intact in future too.

Regards,

Rtr. Javeriya Tabassum

Secretary, MES RaC | 2021-22

*#Unity\_in\_Service*



A one week initiative that started on the 30th January to 6th February, 2022 that aimed at feeding the stray dogs with healthy and nutritious food. This initiative to feed the stray dogs was undertaken by our Club on the 30th of January, 2022 with a very clear objective of feeding the stray dogs, specific and clear instructions of do's and don'ts were also circulated amongst all the interested Rotaractors, they spared some time to put a temporary stop on the continuous quest of the stray for food, we were able to feed healthy and good food for about 25 stray dogs, a project that not only helped us help the innocent beings but also helped us understand the value and importance of food that we get so easily. Small acts, when multiplied by millions of people, can create a huge impact and this project was a start of this impact as we received

## PAWS FOR THE CAUSE



responses from our Rotaractors that they will try to feed the stray even after the end of the determined duration of the project, therefore it created the necessary change.



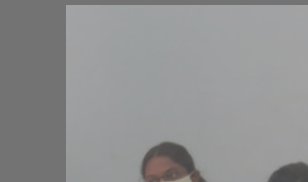
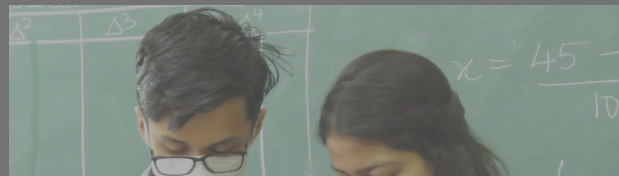
The General Body Meeting was called on the 7th of February, before the DOV 2021-22 for various preparations and planning regarding the DOV.

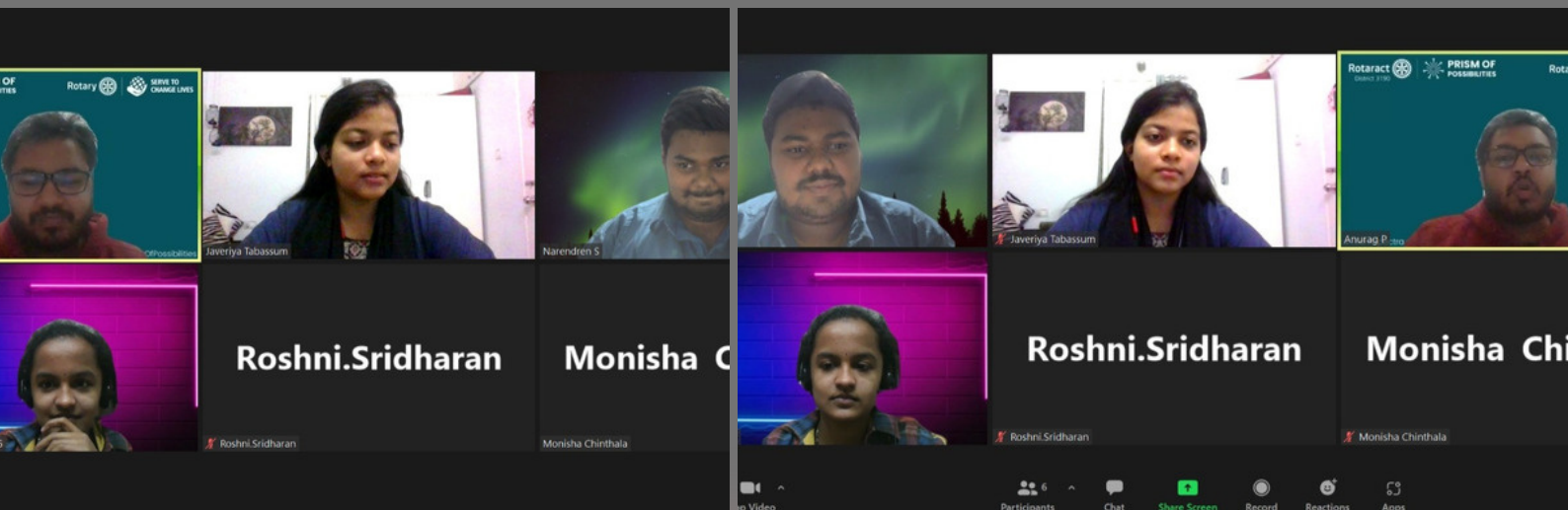
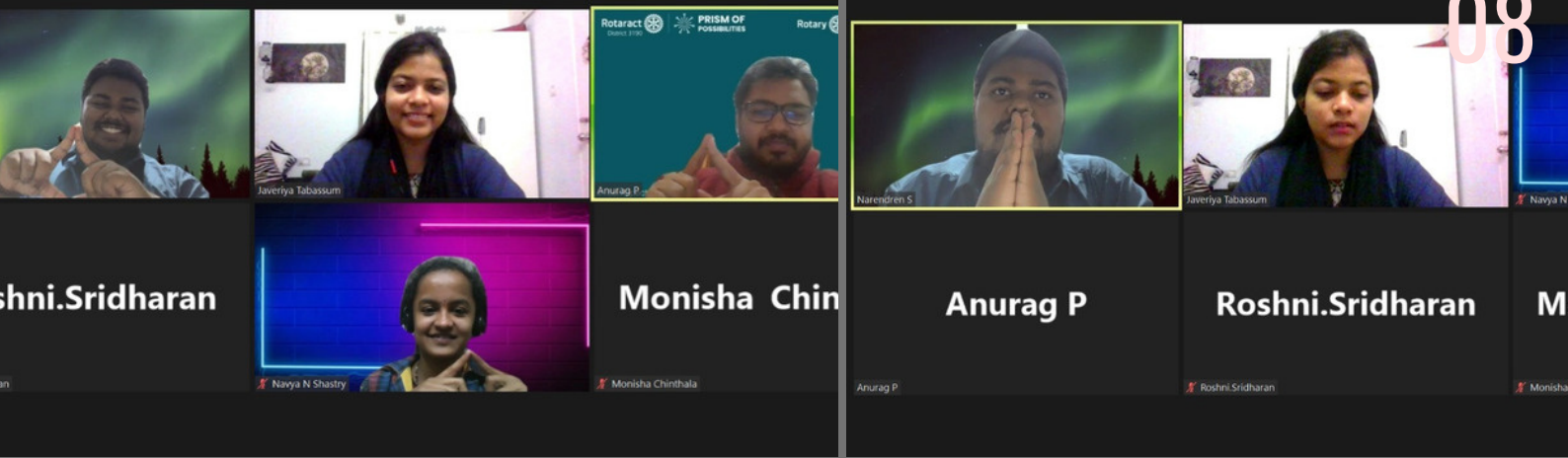
The members who were interested to volunteer the entire event of DOV were called upon, the members were segregated to various committees depending on their opinions and liking that would be performing a set of pre determined tasks on the DOV. The tasks were set forth by the team and was explained in detail and all their queries and doubts were solved in order to establish and run a successful DOV 2021-22.

The various committees were informed about their tasks one by one and the flow of events were also clearly addressed and disclosed before the team for convenience and coordinating effectively.

This meeting was efficient and it contributed towards bringing the team together as a unit before they could step ahead and put up a big show.

# GENERAL BODY MEETING





# PRE-DOV MEET

The Pre DOV Meet was completed virtually on the 8th of February, 2022. It constituted the District Council and the core team of our club for discussions and suggestions before the DOV.

The Pre DOV meet was called upon between the DRR and the District Joint Secretary and the core team of our club on the 8th of February, 2022 virtually. A simple and convenient way where we got to discuss about various things in the District and our club with more one to one attention, the basic and important objective of this meeting was to create a clear picture about what the DOV is and clear any doubts regarding it and also lend close attention towards the feedbacks and problems of both the bodies. It was an effective and efficient meet where we also had an idea of scheduling the DOV keeping in mind all the ongoing issues and challenges.

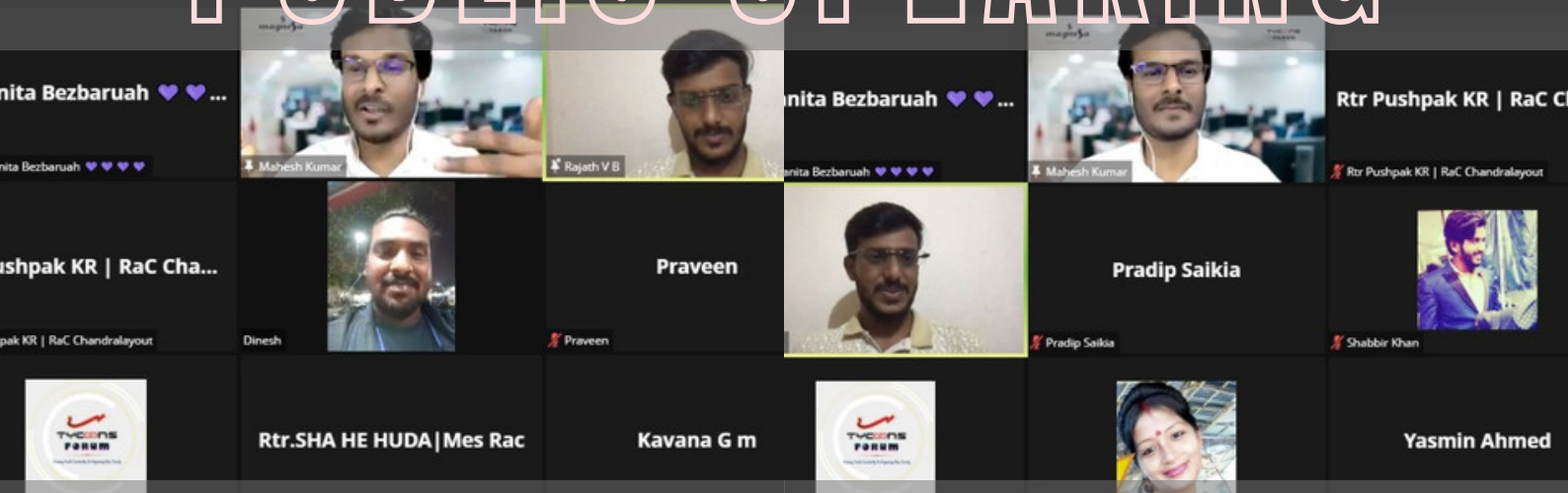
It was an optimistic meet where each member got a platform to talk about their experiences and need for change and it also did equip us to prepare for the DOV in a more efficient manner.



A session in collaboration with the Rotaract Club of Chandralayout Bangalore, the session focused upon various aspects of overcoming stage fear and delivering performances with confidence.

Rotaract club of Chandra layout Bangalore conducted a professional development avenue event on the 19th of February 2022 at 8 pm through zoom platforms. It was a webinar on public speaking and tips to overcome stage fear. MES Rotaract club collaborated with them.

# PUBLIC SPEAKING



# PROFESSIONAL DEVELOPMENT

The webinar was coordinated by Rtr.Rajath V B and Rtr. Pushpak K R from Rotaract club of Chandra layout Bangalore and the webinar was attended by 25 members. The guest speaker was Mahesh Kumar, a B.E. graduate with an MBA in marketing and a well-known speaker. He operated in the field of Direct Selling Industry for about 7 years. He was introduced by the coordinator Rtr.Rajath V B. This was followed by the session where the guest speaker shared his thoughts and shared insights on how to overcome stage fear and the dos and don'ts while interacting with others. Then the session was open for queries. Followed with the vote of thanks by Rtr. Unnathi U from Mes Rotaract club and the meeting was concluded.





"The onus of making this world polio free lies on the shoulder of each one of us and we must do it"

Polio Vaccination Drive in coordination with the, Parent Rotary - Rotary Bangalore North West, an initiative to vaccinate children below 5 years from polio and it's effects, through this drive we were able to vaccinate about 230+ children.

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# POLIO Vaccination DRIVE



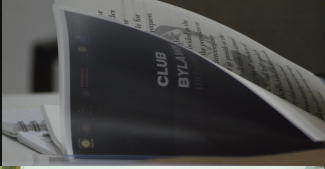
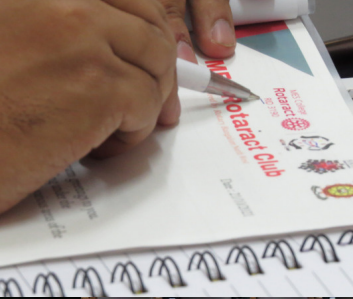
This drive was undertaken and performed by us in coordination with our Parent Rotary: Rotary Bangalore North West and several other Rotaract clubs. The volunteers were divided to several groups as the vaccination camps were set up in 2 different locations or platforms in the Yeshwanthpur Railway Station, the volunteers divided the work among themselves as few had undertaken to give the oral vaccine to the children,

The Polio Vaccination Drive was a very successful one which plays a very important role in preventing children from developing this disease.

whereas the others tried to interact with parents and motivated them to get their children vaccinated from a fatal disease, there were mixed responses from the public, but we were able to vaccinate about 230+ children below 5 years through this drive. Therefore, we as Rotaractors were able to contribute towards this cause of maintaining a polio free India.



DOV 2021-22





DRR's Official Visit was completed on the 28th of February, 2022. A meeting with the District Council that helped us stay motivated and march forward and also showcase our journey to the members of Rotaract.

The DRR's Official Visit was successfully completed on the 28th of February, 2022. It took place in 3 phases, meeting with the District Council Members: The DRR Rtr. Anurag Patwary and the DRJS Rtr. Monisha Chinthala and the ZRR Rtr. Abhinav Hooli with our Core Team, this meeting focused on receiving and giving feedbacks and discussions about Rotaract experiences by each one of them and how is the support of the District helping us build as a club, the 30 minute meeting was filled with interest and energy, in the next phase, the Board members were a part of the meeting, where there were discussions about each of the avenue in brief and the feedbacks and suggestions on improvement were also given by the council.

It helped us understand more about how to increase the reach of our Club and evolve as a more promising club, the various announcements regarding several District initiatives like the conference were also made and we moved to the last phase of the DOV, the General Body Meeting with the District Council, this phase started with collaring, four way test and Invocation to the lord, the President welcomed the gathering and the Secretary along with the team delivered their report for the past 7 Rota months, the District Council members and the ZRRs addressed our members, it filled the atmosphere with energy and enthusiasm and also hopes for a better Rotaract journey ahead, several announcements were made to the Rotaract members and the responses were great, the President Elect, 2021-22 and our club's website were launched on this occasion and the DOV was concluded by delivering the Vote of Thanks.

2021-22  
DOV

MES ROTARACT CLUB PRESENTS  
PRESIDENT ELECT, 2021-22  
Rtr. Siddharth Chhabra

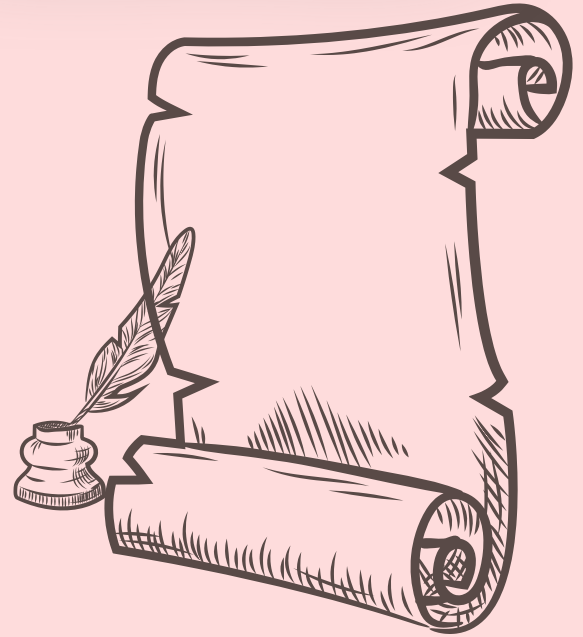




# CREATIVE CORNER

## WORLD

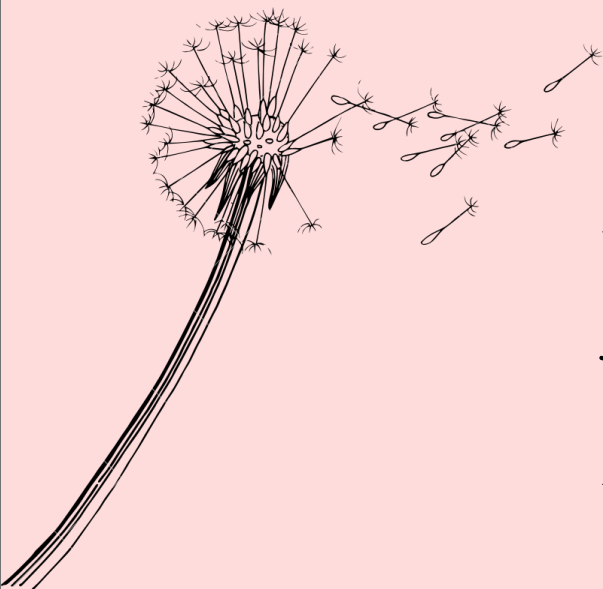
Boom goes the world  
Ukraine is lit up  
So is the Earth  
The know-it-all humans  
And their hypocrite minds  
Can't stop the carnage  
In spite of knowing the cure.



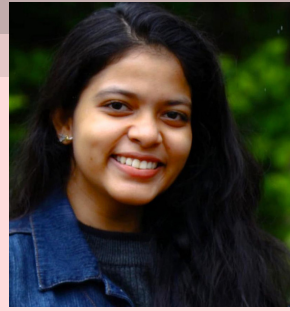
Ranjana J Rao  
1st B.Sc ZPsy

Rtr. Javeriya Tabassum  
2nd B.Com B

Waqt hai, guzar jaayega,  
Kadam ladkhada rahe hai,  
par sambhal jaayenge,  
Haalat bure hai, par sudhar  
jaayenge,  
Madhosh ho jeele zindagi, behosh  
kar har bandagi,  
Jeele in palon ko jee kholkar,  
Bharle inko baahon mein, baahien  
phela kar.



Rtr. Javeriya Tabassum  
Secretary



Rtr. Harshitha Kaur  
PR & Editorial Director



Rtr. Deepak K  
PR & Editorial Co-Director



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