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Dear Rotaractors, MES Rotaract club has been extremely proactive in all the outreach activities. Its very satisfying to see their involvement. I am sure that they are benefited by improved social skills, better behavior, improvement in academic achievement and increased selfesteem. The ultimate goal is to help the social, ethical, emotional and cognitive competencies. They are the future of the nation and their role in community development is of great significance.

I wish you a happy and healthy 2022.

Yours in Rotary, Rtn Dr Veena Nagaraj

## MESSAGE FROM VICE PRESIDENT, RBNW RTN. DR. VEENA NAGARAJ

ROTARY BANGALORE NORTH WEST

#Unity\_in\_Service



Warm Rotaract Greetings from Team Spectra!

It's always a pleasure to address Rotaractors of the Rotaract Club of MES College once again, with high appreciation for their contributions towards the society & the Rotaract movement.

MES Rotaract Club continues to deliver special & innovative initiatives such as "Tag the Tree" & the 2-day event "Pride but no Prejudice" which had an amazing audience with over 100+ participants on both days. Last but not the least, the consistent monthly Newsletters keep the members up to date & the vibrant Social Media presence to increase the reach of Rotaraction.

We wish you all the very best for many more successful months to come and looking forward to seeing more unique and sustainable initiatives from this Club.

Let's explore the Prism of Possibilities as Change-Makers to Serve to Change Lives.

Yours in Rotaract, Rtr. Anurag Patwary District Rotaract Representative Rotary International District 3190 Rotary Year 2021-2022

## MESSAGE FROM DISTRICT ROTARACT REPRESENTATIVE RTR. ANURAG PATWARY

**ROTARY INTERNATIONAL DISTRICT - 3190** 

#Unity\_in\_Service

MES College



Dear Spectra Leaders,
It gives us immense Pleasure to address
Rotaract Club of MES College
We have Completed two Quarters together
and we are witnessing the performance
graph of Rotaract Club of MES College is
growing higher. This presents your
professionalism, countless hours that you
put into the initiatives taken. You have
made an impressive mark and must
appreciate your active

#### MESSAGE FROM ZONE ROTARACT REPRESENTATIVE RTR. ABHINAV HOOLI

**ZONE VIOLET** 



participation in various projects, letter head exchanges and District events.

Your innovative ideas and initiatives are impressive

Looking forward to work with your team for the next tow quarters with more enthusiasm. Wishing all the best for your amazing future undertakings.

Ramya Aswathnarayana & Abhinav Hooli ZRR'S

Zone Violet RID 3190

### MESSAGE FROM ZONE ROTARACT REPRESENTATIVE RTR. RAMYA ASHWATHNARAYAN

#Unity in Service

Rotaract MES College



Dear Team Aikya,

We are now officially in the end of the 2nd quarter, this has been a real game changer, we have collaborated with so many new organisations and it's been an amazing learning experience for all of us. With the much more energy and positivity we shall step to the 3rd quarter.

I'm so overwhelmed by the involvement and dedication of our new member. The participation in all the Activities and events is so exciting for us. We are so happy to see the future of MES Rotaract Club grooming so well. I take this opportunity to thank my entire team who took so much effort to make a special surprise for me, I was so moved by all your wishes and it's a great blessing for me to be with you guys.

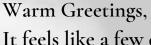
So keep your spirits high and with all the support from all you, we have an amazing journey ahead.

Thank you and best regards, Rtr Narendren S

## MESSAGE FROM PRESIDENT, MES RAC RTR. NARENDREN S

MES ROTARACT CLUB





It feels like a few days back when we kick started the journey in the Rota Year 2021-22 and now we have successfully completed 2 quarters of this year with a lot of learning, fun and service to the society.

The projects completed in this quarter covered a range of avenues starting right from personal and professional development to environmental support to community service to impactful gender equality projects. I take immense pride to say that we have done projects under all the focused areas we had decided on in the beginning of this year and this doesn't end just here, we look forward to the remaining 6 months to be as impactful and worthy as the past 6.

The month of December was a one that proved that, "All is well that ends well".

Wishing you all a very happy new year and one filled with joy and good health.

Warm Regards, Rtr. Javeriya Tabassum.

#### MESSAGE FROM SECRETARY, MES RAC RTR. JAVERIYA TABASSUM

MES ROTARACT CLUB



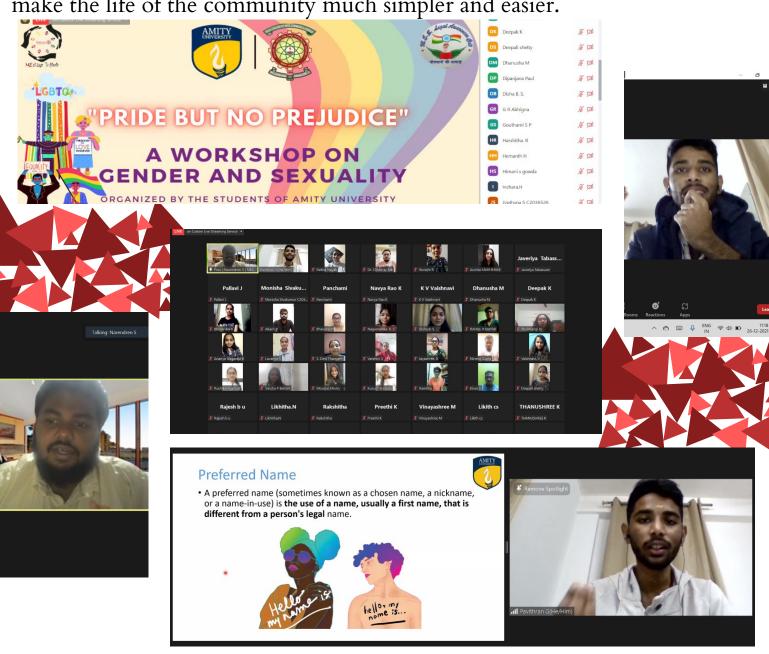


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Pride but no Prejudice is one such project that took one step closer towards that segment of the society that is still juggling for acceptance. This project hosted on the 25th and 26th of December, 2021 was focused on Gender Equality and creating a safe space and accepting attitude towards the LGBTQ+ Community. This Gender and Sexuality Workshop was a two day event and which gave an insight about the diversity in Gender and Sexuality that exists in the world, the participants also learned about how to create a friendly and accepting atmosphere towards these communities. The project was a joint initiative between the MES Rotaract Club, Legal Awareness Cell of MES College and The Amity University, Uttar Pradesh. The workshop was conducted by one of the Alumni of MES College and the student of Amity University, Pavithran G. The workshop was divided into 5 important modules each carrying important topics. Three modules were completed on the first day which spoke about the basic difference between the Gender and Sex of a person and understanding the gender identity, it also focused upon the in depth analysis of the LGBTQ+ community

**Rotaract** 

Two modules were completed on the second day of the workshop which spoke about the history of the communities in India and the application of law and order and the effect of the same and the ultimate module held the greatest importance as it focused on how an individual can be an "Ally" and how can one create a good atmosphere at colleges and work places that can make the life of the community much simpler and easier.



The 4 hour workshop was filled with content that had to be heard and understood and the event was successful in maintaining outstanding crowd attendance throughout the workshop both on and off the meeting platform as it was also streamed on the YouTube channel. An average of about 145 participants took part in this workshop on both the days of the event.







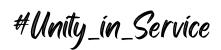
#### BOARD OF DIRECTORS MEET - 4

A Board Of Directors Meeting was called upon on the 18th of December, 2021. This meeting was called for the detailed review of projects completed and the forth coming projects that were closely scheduled in this month.

The team was updated about the various events coming up within and from outside the club and an effective discussion on the same followed by. The team also reviewed the General Body Meeting which was scheduled and completed prior to the Board Meet. The detailed insight about the response of membership and a plan to unite these members with the ongoing and forthcoming activities was also looked up to

This meeting also constituted discussion about the Rota Fest 2021 and the various activities relating to it. This meeting was therefore an efficient and effective one with review, foreseeing and planning for the further activities in the Rota Year 2021–22.







#### GENERAL BODY MEETING - 1

The first General Body Meeting for the Rota year 2021-22 was completed on the 18th of December, 2021. The meeting was scheduled after the successful completion of Rotaract membership retention and extension. The meeting was centred upon welcoming all the new Rotaractors and introducing them to the wide spectrum offered by Rotaract. The members were given a gist about the various events that were completed by the MES Rotaract Club in the course of 5 Rotaract months.







The members were also introduced to the history of the Rotaract club and various events and projects completed by the club in its existence. The expectations and individual understanding of the club from the members were brought about in the meeting and discussed which also made us realise the diversity of mindset that the new members had. Uniting the individual's interests with the suitable environment they look for was an objective put forth after the meeting. The attendance of the members were collected digitally and the various criteria, norms and modes of action were also conveyed to the members.



#### Phase - 2

# TAG THE TREE







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Tag The Tree: Phase 1 which was completed on the 24th of October 2021 was taken a step ahead with the conduction of Tag The Tree: Phase 2 on the 19th of December, 2021. This project is a joint initiative with an NGO: The Vruksha Foundation that works for the sustainability of the nature in various different ways. The project Tag The Tree is one such initiative with which we could contribute in saving the trees that increase the ecological value of our surroundings and also maintain the atmosphere in a healthy way.

Under this project, we Rotaractors performed census of trees in the Margosa Road, Malleshwaram, the 1.5 km long lane was thoroughly worked upon by 35 Rotaractors who made the survey of 105 trees in that lane a huge success. The combined efforts of Rotaractors in the Phase 1 and Phase 2 of this project helped in the survey and tagging of 232 trees in Malleshwaram in the 15th cross and Margosa Road.

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## MEGA PAINTING DRIVE

This drive took place on the 18th of December, 2021 at the Santhe Beedhi Government School, Yeshwanthpur where an Interact club was recently chartered. This project was a joint initiative between the Parent Rotary: Rotary Bangalore North West, Rotaract Club of KLE College, MES Rotaract Club and the Interact Club of the Government School.

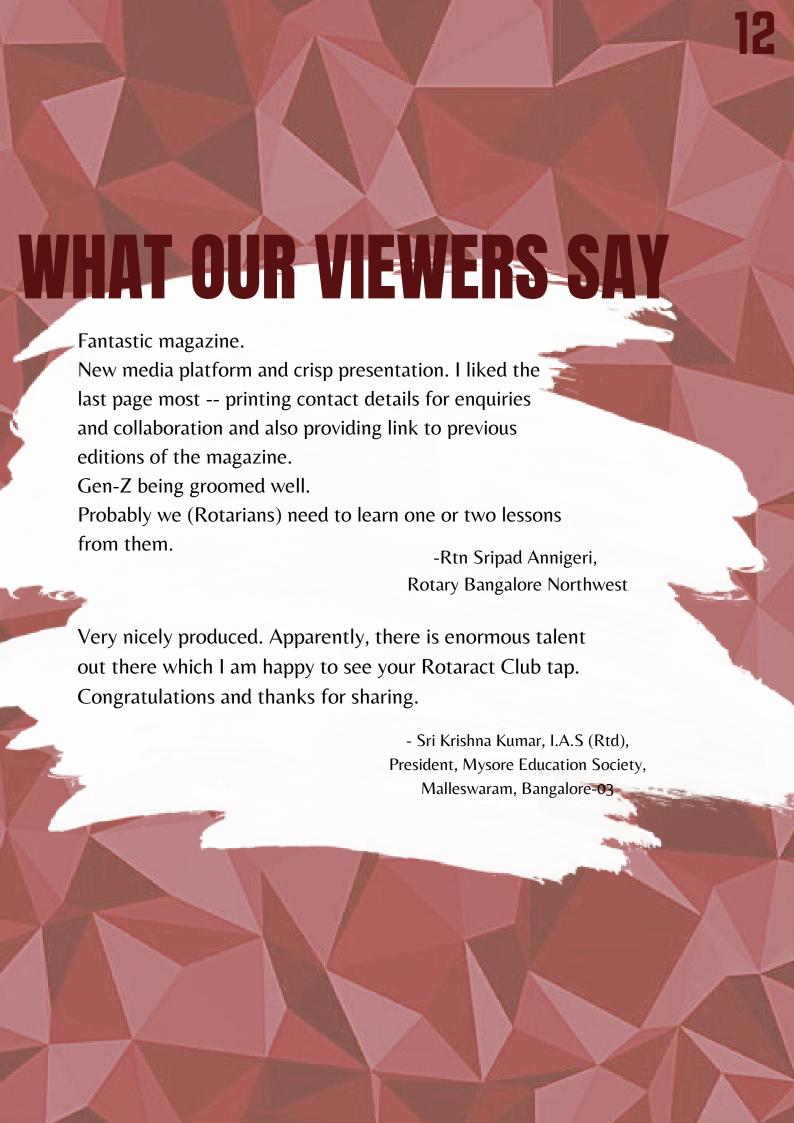
The volunteers jointly took up the responsibility to fill the compound walls of the school with colours that not only enhanced the appearance but also spoke an important message during the tough times the world is undergoing. The project constituted about 20 people and 2 artists that put their efforts in designing the art that spoke about Covid Safety and Prevention. The kids of the school too actively engrossed themselves in extending their support towards this fun and important activity.

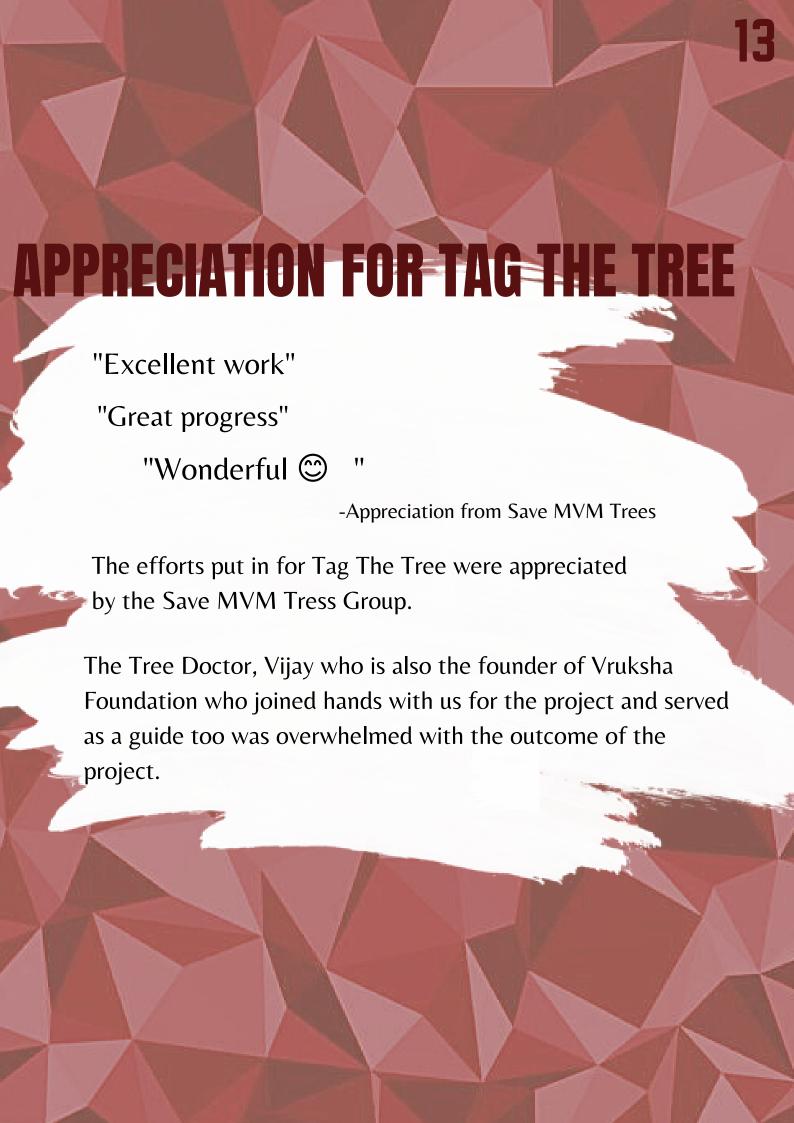






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# Creative Corner

#### ಗುರು-ಅರ್ಪಣೆ!

ಮನಸ್ಸುಗಳ ಜೊತೆ ಮಾತಾಡಿ, ದೇಹರಚನೆ ಪಾಠಮಾಡಿ ಚಿಕಿತ್ಸಕ ನೀನಾದೆ ಶ್ರೀ-ಗುರು! ಅಂತರಂಗದ ಅರಿವು ತೆರೆದು ಅನಂತ ಜ್ಞಾನ ಎಮಗೆ ಸುರಿದು ಸರಸ್ವತೀ ಪುತ್ರನಾದೆ ಶ್ರೀ-ಗುರು! ಅಜ್ಞಾನದ ಕದವ ತೆರೆಸಿ ಮೌಢ್ಯತೆಯ ಪೊರೆಯ ಸರಿಸಿ ಸರ್ವಜ್ಞ ನೀನಾದೆ ಶ್ರೀ-ಗುರು! ಕತ್ತಲಿನಿಂದ ಬೆಳಕಿನೆಡೆಗೆ ನಡೆಸಿ ದೀಪದಂತೆ ಮನವಬೆಳಗಿಸಿ ತ್ಯಾಗಮೂರ್ತಿ ನೀನಾದೆ ಶ್ರೀ-ಗುರು! ಕಲ್ಲಕಟೆಯ ಮೂರ್ತಿ ಮಾಡಿ ಕಾಲಡಿಯ ಕಲ್ಲ ದೇವರ ಮಾಡಿ ಪರಬ್ರಹ್ಮನಾದೆಯಾ ಶ್ರೀ- ಗುರು!



Ht. Parveen I 39h Boom A

#### ತಾಯಿಯ ಋಣ!

ನಿನ್ನ ಬೆವರಣೀಯನ್ನು ಸುರಿಸಿ, ನನ್ನ ಈ ಆಕಾರವಿಲ್ಲದ ದೇಹವನ್ನು ಶಿಲೆಯಾಗಿ ಸೃಷ್ಟಿಸಿ, ಭೂಮಿ ತಾಯಿ ನೀನಾದೆ...! ತನ್ನನ್ನು ಸುಟ್ಟಿಕೊಂಡು ಬೆಳಕನ್ನು ನೀಡುವ ಮೇಣದ ಬತ್ತಿ ನೀನಾದೆ, ನಿನ್ನ ರಕ್ತವನ್ನು ಎನಗೆ ಹಾಲಿನ ರೂಪದಲ್ಲಿ ದೊರಕಿ ಕಾಮದೇನು ನೀನಾದೆ, ಮರಗಿಡಳಿಗೆ ಬೇಕಾದ ಪೌಷ್ಟಿಕ ಕೊಡುವ ಗೊಬ್ಬರವು ನೀನಾದೆ, ಗರುಡನಂತೆ ಆಕಾಶದೆತ್ತರಕ್ಕೆ ಹಾರುವ ಶಕ್ತಿ ನೀನಾದೆ...!!!

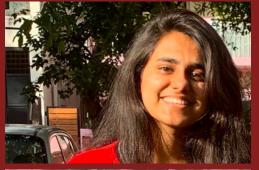


Rtr. Panchami ; 1st B.Sc MSCs





#### Rtr. Javeriya Tabassum Secretary



Rtr. Harshitha Kaur PR & Editorial Director



Rtr. Deepak k PR & Editorial Co-Director

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